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Teacher Notes: The Health Tracker allows students to check in and monitor their health progress over a number of different areas of health and allows the teacher to check individuals and class progress. It also allows the teacher to set their own individual, class, and school goals designed specifically for their situation. The students will use their Health Tracker "check-in" each day and monitor their progress. Each assignment matches the theme of the lesson and sets a goal for the students to accomplish. In this instance, the focus is on healthy eating and choosing foods to make a balanced diet. Students will check in using a

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1M06-3.4

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Subject: Health Education, Grade 2

Quaver Health

Component Title	ISBN	URL For Current Content	Current Page Numbers	Location of Current Content	URL for Updated Content	Original Text	Updated Text
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Subject: Health Education, Grade 5

Quaver Health

Component Title	ISBN	URL For Current Content	Current Page Numbers	Location of Current Content	URL for Updated Content	Original Text	Updated Text
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Component Title	ISBN	URL For Current Content	Current Page Numbers	Location of Current Content	URL for Updated Content	Original Text	Updated Text
<i>Quaver Health Online License</i>	9781642851427	View Current Link	5M01-3.3	To see the pre-sample adoption version, login to quavered.com with username: QuaverHealthTEA / password: review 2022. Please see Teacher Notes by selecting Menu > Notes.	View Updated Link	Question 1: You aren't feeling well and want to look up your symptoms. What should you do? Orange answer: Search your symptoms of a trusted website.	5M01-3.3 - Think Quick! (Finding Healthy Help Online) Question 1: You aren't feeling well and want to look up your symptoms. What could you do? Orange answer: Search symptoms online with a parent.
<i>Quaver Health Online License</i>	9781642851427	View Current Link	3M10-1.1	To see the pre-sample adoption version, login to quavered.com with username: QuaverHealthTEA / password: review 2022. Please see Teacher Notes by selecting Menu > Notes.	View Updated Link	"Being grounded for not doing chores"	3M10-1.1 - Abuse and Neglect "Being encouraged to eat nutritious foods."